Benefits of Mentoring

Students Speak:

★ Having a mentor is like having a new and close friend.

★ The experience has made me a less shy person. They helped me to talk more.

★ I got to go places I’ve never been before. I’m now more confident in front of a crowd. I got adult help on homework and projects.

★ You can talk to them about your problems and they will try to help you as much as possible. I learned that it is important to communicate. I learned that people can be different in one way, but similar in others.

★ You get to talk to the mentor about anything and we all work together.

★ They helped us out with our homework and I got to hear about different careers.

★ The mentor takes you out to do things you both like to do. You get a new friend in life. For science projects, I could turn to my mentor and ask him about recycling.

★ I really like my group, especially my mentors. They are really nice and very helpful.

★ My mentors helped me see that I need good grades to get what I want and to be successful.

★ I learned that there are a lot of caring people who do care about young people.

★ I enjoyed the experiences that my mentors and I shared. The activities were fun. I think I have become more open about coming up to people and talking to them.

★ I am more comfortable talking to and meeting other people.

★ What I enjoyed most about being matched with a mentor was letting out my feelings about everything to a trusting adult. I also got to see where my mentors work and how they work.

★ When there is a project to be done, my mentor is there to help. I had a chance to get the feel of the job world.

★ I enjoyed going out with my mentors and spending time with them. I got to go to Cal State Hayward and visit St. Rose Hospital, the workplace of my mentors. I have two new friends.